



Personal Social Health Economic Citizenship and Relationships

Subject Lead: Mrs Ana Ashmore



Intent

Our intention is that when children leave Sheldwich they will do so with the knowledge, understanding and emotions to be able to play an active, positive, and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being. Our PSHE, Citizenship curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental, and physical development of pupils, preparing them for the opportunities, responsibilities, and experiences for later life. Acknowledging that from September 2020, primary schools in England also need to teach Relationships and Health Education as compulsory subjects, our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

Implementation

PSHE and Citizenship is taught in a series of carefully sequenced lessons so that the children can develop depth in their learning and acquire a range of skills and knowledge so that they are all confident, successful citizens.

- In the Foundation Stage, PSHE and Citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from the revised 'Development Matters in the EYFS' and the PSED Early Learning Goals.
- In Key Stage 1 and Key Stage 2 - PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum (SCARF).
- PSHE is taught through six half termly themes with each year group studying the same unit at the same time (at their own level):

PSHE and Citizenship lessons are delivered in a welcoming inclusive nurturing environment which encourages the children to find their voice to discuss their ideas about different topics developing deep understanding of the concepts. Children are encouraged to participate in a range of ways such as hot seating, acting out a role play, creating a poster or joining in a circle time discussion.

- Each class has a folder which follows them from Class R throughout their time at Sheldwich where pertinent evidence is collated.
- Children are taught in mixed ability year groups.
- Where possible, links are made with other subjects across the curriculum.

- Parents are informed annually when lessons on puberty are being taught.
- As a staff team we collectively analyzed the Relationship and Sex Education Policy outcomes and highlighted the links within other taught subjects such as PSHE, RE, ICT, Science, P.E. and the wider curriculum to ensure that we are providing full coverage of all aspects for our pupils.

Cultural Capital

At Sheldwich children are immersed in an exciting wider curriculum which enables them to develop in all aspects of PHSE, Citizenship and RSE.

- We believe that focusing on developing the wellbeing in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, issuing raffle tickets and praising children for their efforts, termly screening of pupil's well-being and involvement at Pupil Progress meetings and Fantastic Fridays. On 'Fantastic Friday' pupils are able to take part in a number of mindfulness activities and there is an opportunity to talk to the teacher.
- PSHE, Citizenship and Relationships including Spiritual, Moral, Social, Cultural and British Values, is an integral part of the whole school curriculum, and is therefore often taught within other subject areas such as Science, P.E. Religious Education, History, Geography and ICT.
- Aspects of 'Harmony': Interdependence, Diversity, Adaptation, Geometry, Health and Oneness further support our teaching and enrich our PSHE curriculum.
- Visitors such as Bishop Rose, Fire Service, RNLI, HSBC Bank and the Eco Environmental Whale experience complement our PSHE curriculum to offer additional learning.
- We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life by being a House Captain or part of the School Council, Healthy Schools Council, Eco Council, Sports Leader, Class Monitors and Librarians.
- We encourage the children to think about others by taking part and leading a number of Charity Fund raising events, including collecting food for Faversham Foodbank at Harvest Time, taking part in Sponsored Fun Runs, Children in Need, Remembrance Day Poppy Appeal, Comic Relief, raising money for the local Hospital, Suchana and the annual pupil led school 'fun-d' raising day.
- We challenge all of our pupils to look for opportunities to show the school values of Determination, Resilience, Happiness, Honesty, Respect, Kindness and Friendship.
- Assemblies are linked to PSHE, British Values and SMSC.
- Special weeks held throughout the year such as: Book, Art, STEM, Sports and RE enable pupils to be creative and develop aspects of sustained shared thinking as they are working as part of a team towards a focused outcome.
- Well-being and Diversity display boards in the Hall reinforce the PSHE curriculum enabling children to make links.

Impact

As a result of our teaching, you will see:

- Children who can approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life.
- Children who are on their way to becoming healthy, open minded, respectful, socially, and morally responsible, active members of society.

- Children who appreciate difference and diversity.
 - Children who recognise and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of law and Liberty.
 - Children who can self-regulate, who understand and manage their emotions
 - Children able to look after their mental health and well-being
 - Children who can develop positive, healthy relationships with their peers both now and in the future.
 - At an age-appropriate level children will understand the physical aspects involved in RSE
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- At an age-appropriate level children who understand the physical aspects involved in RSE.
 - Children who have respect for themselves and others.
 - Confident Children who have a positive self esteem

Assessment

Within lessons formative teacher assessment and pupil self-assessments are made. Summative professional judgements are recorded on a termly basis and Reporting to Parents takes place on a regular basis through informal updates if/when required, during consultation sessions held twice a year and through a formal written 'Mid-Year' and 'End of Year' report.